This is a post-print version. Only the published journal version should be referred to. Swensen, Grete; Vebjørn Egner Stafseng & Véronique K. Simon Nielsen (2022) Visionscapes: combining heritage and urban gardening to enhance areas requiring regeneration, *International Journal of Heritage Studies* (online 8.1.2022)

1

2 3	Visionscapes: Combining Heritage and Urban Gardening to Enhance Areas Requiring Regeneration
4 5 6 7 8 9	Grete Swensen, Norwegian Institute for Cultural Heritage Research grete.swensen@niku.no Vebjørn Egner Stafseng, Norwegian University of Life Sciences vebjstaf@nmbu.no
10 11 12 13 14	Véronique K. Simon, Norwegian Institute for Cultural Heritage Research veronique.simon@niku.no
15 16 17 18 19	Grete Swensen, ethnologist, and research professor at Norwegian Institute for Cultural Heritage Research, NIKU. Her field of interests comprise studies related to how cultural heritage and cultural environments can be incorporated in today's physical planning, including integration of cultural heritage as a vital component in sustainable development.
20 21 22 23 24	Vebjørn Egner Stafseng is a PhD candidate at the Faculty of Biosciences, at the Norwegian University of Life Sciences. He holds a master's degree in Agroecology from the same university and has been working with the topic of urban agriculture and gardening, with a focus on social aspects, for the past years.
25 26 27 28 29	Dr. Véronique Karine Simon, researcher at the Norwegian Institute for Cultural Heritage Research (NIKU), architect and landscape researcher. Her work includes topics related to heritage and landscape values in sensitive environments. She is involved in several national and EU-funded research and innovation projects.

30 Abstract

31 With the occurrence of urban densification, understanding the necessity of encouraging and promoting climate- and environment-friendly urban areas has gained ground with urban planners. 32 33 Ensuring adequate and easily accessible green public spaces is essential for creating healthy environments. In this current study, we look closely at how heritage combined with urban 34 gardening can function as a means to enhance areas that require regeneration. We ask how, in 35 36 culturally mixed neighbourhoods, urban gardening can link visions of social and physical wellbeing with urban regeneration. This study is a comparative case study of two regeneration projects: 37 38 1) the Darwin Ecosystem Project, which promotes alternative eco-friendly lifestyles and

innovative start-ups through the adaptive reuse of former military barracks in Bordeaux, France; 1 2 and 2) Dr. Dedichen's Greenhouse, situated in a heritage environment of a former psychiatric 3 hospital in the eastern part of Oslo, Norway. Conflicting economic, political and cultural views 4 are likely to affect the heritage discourse in marginalised urban areas. When describing heritage in the two neighbourhoods, we used the 'ruinisation' approach to ensure an inclusive understanding 5 6 of heritage. We describe how old buildings, fragments of larger structures adjacent to the remains 7 of recent history, can be integrated into urban planning initiatives as part of larger, active place-8 remaking processes. Residents, artists and various citizen's groups, alongside planning authorities, 9 are cooperating to transform neighbourhoods into healthy, climate- and environment-friendly 10 places to live and work. Therefore, heritage combined with urban agriculture is a means to enhance 11 areas that require regeneration.

12 Introduction and Research Framework

13 Within heritage studies, much focus concerning urban issues has been focused on limiting the 14 negative effects of urban development on historic urban landscapes (HULs). These issues are 15 urgent matters concerning the extreme rate of urbanisation in parts of Asia, the Middle East, South 16 America, and Africa (Perez and Roders 2020; Silva 2020; Swensen 2020; Roders and Bandarin 17 2019; Taylor 2016; Labadi and Logan 2015). However, lessons could be learnt from the local 18 independent experiments being conducted in urban neighbourhoods worldwide. Although 19 fragments of historic structures in such areas are not always perceived as heritage, they can be 20 integrated into new urban contexts, thereby adding a temporal dimension to the environment. 21 When explored more closely, such examples can enhance critical discussions in heritage studies.

Many cities comprise diversified areas (i.e., socioeconomic, environmental and cultural), which include diverse functions and different types of buildings. With time, old buildings get renewed, rehabilitated, restored or replaced. Sometimes, both redevelopment and restoration/conservation occur within such neighbourhoods. Urban regeneration requires that decisions with long-term consequences be made. Both redevelopment and restoration can have an unintended negative effect of accelerating housing prices, pushing out and marginalising low-income residents (i.e., instigating gentrification processes) (Moskowitz 2018)¹. However, when regeneration originates in plans based on overarching sustainable goals, visions and ideals, it can have the positive effect
 of transforming a neglected area into an environment-friendly, healthy, green area that attracts
 various users.

4 Within critical heritage studies a few studies of the relationship between history, heritage and 5 health have been carried out. One of these studies focuses on traditional medicine and its 6 relationship to the fields of human rights, public health, and development (Riordan and Schofield 7 2014). The knowledge in traditional medicine is rightly classified as intangible heritage. It 8 necessitates a thorough discussion of the practical implications of applying the UNESCO 9 Convention for the Safeguarding of Intangible Heritage. Another study from Sweden illustrates 10 how the cooperation between nature conservation and heritage management has proven to give 11 good results. It has led to integration of public use of natural and heritage resources, and greater 12 participation by local citizens in their management (Svensson 2009). A literature review 13 examining potential connections between history, heritage, and health within cross-disciplinary 14 literature underlines the need for more focus on this topic (Orthel 2021). Of more than 400 15 articles reviewed, surprisingly only six articles directly identified a link between history, 16 heritage, and health. Although there is no claim that such connections did not exist, it is a 17 potential relationship that mostly is referred to, and then indirectly. Orthel concludes that it is a 18 research field that presents large opportunities for interdisciplinary research. 19 In this paper, we call the former neglected areas in question 'visionscapes'. This term refers to 20 how areas that require regeneration have combined the adaptive reuse of historic buildings and 21 urban gardening in public space as stepping-stones in a wider societal goal of creating healthy and 22 environment-friendly neighbourhoods. Although different in various ways (e.g. size, age, former 23 function, heritage status and funding), these areas have commonalities, which facilitate their

comparisons and outline learnt lessons that can prove useful in other contexts where rehabilitation
 is an option.

We raise the following research question: How can heritage combined with urban gardening in public space be used as a means to link visions of social and physical well-being with sustainable urban regeneration in culturally mixed neighbourhoods? We conducted a comparative case study of two regeneration projects in culturally mixed neighbourhoods Bordeaux, France and Oslo, Norway.

In the following section, we describe the concepts and approaches that guided this study. The second section presents the qualitative methods and source material used, and the third section presents the two regeneration projects in detail. The fourth section focuses on the health and quality of life enhancements ensured by participation in landscaping. The fifth section assesses the extent to which these projects have attained the overarching long-term goals of linking visions of social and physical well-being with sustainable urban regeneration. Finally, the challenges the projects may have in-store are presented.

15 Concepts and Approaches

Rather than basing this study on a well-established and recognised theoretical framework, we applied an open interdisciplinary approach inspired by complementary disciplines, such as social anthropology, geography, heritage discourse and landscape architecture. We identified a set of concepts and approaches and assembled them in ways to gain better insight into alternative and creative ways of mixed land use. Notions of how urban gardening combined with adaptive reuse of structural remains can contribute to urban regeneration are integrated into the interpretations of this study's findings.

1 Urban Gardening

Urban gardening is the common link between the case studies of the Darwin Ecosystem Project,
Bordeaux and Dr. Dedichen's Greenhouse, Oslo. Here, following Vejre et al. (2016), we
consider urban gardening as a subset of the broader term 'urban agriculture'. We are interested in
the phenomenon of cultivating food plants in urban areas, mainly for non-commercial purposes
(i.e., for a sustenance lifestyle). In agreement with Martin et al. (2016), we do not use the term
urban agriculture in this reference, given its production-focused implications.

8 While urban gardening has an obvious and given place as a problem field within agronomy in the 9 science of nutrition and health care, researchers within the social sciences and humanities have 10 turned their attention to other aspects. They are interested in finding explanations for the rising 11 interest in practising urban gardening and the added value it can provide to urban living. Some 12 researchers have focused on understanding the interest this activity has raised in contemporary 13 society and have asked whether it should be interpreted as a new or a rejuvenated activity.

When interpreted as rejuvenation, it is emphasised that new purposes have been added to more common activities in urban gardening and then described as a reinvention of the concept. It has answered the overarching aim of creating more sustainable cities (Prové et al. 2015) and has been described as 'bringing horticulture into 21st century cities' (Gasperi et al. 2016, 3). Some activities have been partly enabled through new means that have transformed areas previously dominated by asphalt and brick structures into green infrastructure.

To better understand the increased interest in many European cities, urban agriculture has become a sort of 'lifestyle issue', particularly among the younger urban population (Winkler et al. 2019). Although food production can be considered the main purpose, such activities can provide added

1 value, for instance, welfare benefits: increasing the possibilities for partaking in social and cultural 2 activities, providing opportunities to relax, undertaking physical activities, socialising and mixing 3 with neighbours and contributing to communication and knowledge sharing across culturally 4 different backgrounds and religions (Thompson et al. 2007,161; Saldivar-Tanaka and Krasny 5 2004, 399). Such activities can be interpreted as a means for building a sense of community 6 belonging, an aspect accentuated by researchers who have focused on the role that urban 7 agriculture plays in neighbourhoods with large immigrant communities (Agustina and Beilin 2012; 8 Saldivar-Tanaka and Krasny 2004).

9 Geocultural Features

We observed an increase in community gardening and urban agriculture in many Western cities.
Often based on national urban traditions from the late nineteenth and early twentieth centuries in
the European context, it is now introduced in a different, contemporary sociopolitical context.

The popularity that urban agriculture has gained in several cities can be considered a geocultural phenomenon. The concept of geoculture was proposed by social anthropologist Hannerz (2009). He presented it in an essay about geocultural scenarios or 'imaginations' (Hannerz 2009, 286), where he deconstructed established large-scale entities, such as continents and civilisations, and contextualised them in time and place. Geoculture implies 'fairly large-scale mapmaking' (2009, 268).

We found this useful in comparing cases across established national borders (here, Norway and France). We used geocultural futures as an opening to obtain insights into how and why new ideas and trends gain a foothold independent of national borders. Due to modern information technology, the flow of ideas, trends and impulses has changed dramatically within a short period and 1 connected separate continents into a highly interconnected contemporary world. As part of a 2 shared international concern for the effects of climate change and environmental degradation, the 3 renewal of urban agriculture can be interpreted as a societal phenomenon enacted in new planning 4 policies to build greener cities and ultimately enhance urban citizens' health and welfare.

5 Heritage's Role in Place-Remaking

6 Discussions about heritage are often circulated around the selection criteria, the authoritative right 7 to include and exclude or the various definitions of heritage found in conventions and charters. 8 However, when dealing with urban heritage, it is more constructive to keep the dynamic character 9 of cities in mind (Ripp and Rodwell 2015) and primarily use temporality as heritage's common 10 denominator. We are motivated by DeSilvey (2006), in cooperation with Edensor (DeSilvey and 11 Edensor 2013), who referred to the aesthetics of ruinisation and decay as approaches to help grasp 12 the way certain aspects of people's surroundings affect how they live and use their everyday 13 environments. From a cultural heritage viewpoint, DeSilvey and Edensor's perspectives mainly 14 counterbalance the negative connotations often attached to these processes. A gradual return of 15 historic remains to nature can be viewed as part of a physical necessity and turned into a stage 16 where the remains provide positive associations as spaces that represent new possibilities in the 17 present and a link with the past.

Economic fluctuations have left imprints on the physical structures of cities. They have affected towns and cities differently. While certain regions have been left with challenges linked to socalled 'shrinking cities', others have experienced revived interest in urban living, entered a new positive phase and are thriving and expanding (Locke et al. 2018).

Another process that has greatly affected the built structures in urban areas is urban planning. In a study that promoted 'heritage urbanism' as an approach to revitalise shrinking cities, an overview of seven domineering urban planning and design paradigms since 1940 was presented (Locke et al. 2018). This study focused on the treatment of heritage and found a remarkable shift in attitude towards the treatment of urban heritage during the last decade (2018, 4–5).

In this current paper, we discuss how buildings, physical fragments of older structures and remains
from recent history can be integrated into ongoing urban planning initiatives. We describe these
initiatives as part of a larger process of 'place-remaking'. These initiatives—projects—share
resemblances to those classified in the US as 'creative place-making' (Frenette 2017; Wilbur 2015;
Markusen and Gadwa 2010). Also, we discuss how heritage remains can be viewed as an important
asset in place-remaking—as one element among several other essential factors.

12 Anguelovski (2013; 2014) used the label 'place-remaking' to describe successful revitalisation 13 that has been achieved through networking involving broad coalitions of residents, community 14 organisations, architects, artists, funders and political leaders. Active place-remaking is a concept 15 that well describes the regeneration processes we observed in our two case studies.

16 Participatory Landscaping

An active dimension of the cityscapes undergoing continuous changes is accentuated in the term 'participatory landscaping'. Regardless of the activity form, whether practising agriculture, community gardening or partaking in various cultural and recreational activities in their neighbourhoods, people form and affect their surroundings. This concerns the need to acknowledge that people living and working in a place provide (potential) creative resources for place-making.

1 This current study is inspired by Saldivar-Tanaka and Krasny (2004), who used a participatory 2 landscape to describe communal activities in neighbourhoods that fulfil several purposes. Besides 3 providing agricultural produce, such areas can also strengthen community bonding and connect 4 citizens (in this case, Latin American immigrants) with their heritage (Saldivar-Tanaka and Krasny 5 2004, 399). Replacing 'landscape' with 'landscaping' underlines the active role that people who 6 engage in these activities play by continuously changing land uses, design and layouts, adding new 7 value to their environments. In this way, the integration between the adaptive reuse of historic 8 buildings and the activities conducted in and between them gains focus.

9 Visionscapes

The last perspective deals with visions that relate to the sociopolitical programmes that form the foundation on which the two projects of the case study are based. Although different in some ways (about principles, intentions, periods and national contexts), these projects share a common denominator: activating human resources can initiate better alternatives for a sustainable future. In Oslo the first visions were formulated in the 1920s, based on new methods to improve health and welfare of the mentally disabled, and in Bordeaux in the early 2000s, based on ecological rehabilitation and alternative urban lifestyles to adapt to climate change.

As the title of this current paper reflects, the two cases are used to exemplify contemporary visionscapes', where urban community gardening and cultural heritage are used as a means to enhance areas requiring regeneration. Visions are related to how we relate to changes; they concern the ability to see and act accordingly when new possibilities emerge. They refer to a shared urge among a group of actors to build a sustainable urban future through praxis.

1 Methods and Sources

To best answer our research question, a case study strategy was selected. A case study is a 2 3 commonly used methodology in various disciplines in the social sciences and humanities and 4 involves the utilisation of a wide range of different data sources and analytic strategies, also 5 described as a flexible methodology that invites 'a palette of methods' (Stake 1995, xi–xii). This 6 raises a particular need to be explicit about the methodological choices made in the study. The rich 7 case study literature invites comparisons, and differing approaches appear when setting out 'to 8 scrutinize the areas where (...) perspectives diverge, converge and complement one another', 9 which has been done in an examination of the works of three prominent contributors to this subject: 10 Yin, Merriam and Stake (Yazan 2015, 134–135). The case study is valued due to the concrete, 11 context-dependent knowledge it obtains, its ability to provide ways to falsify a researcher's 12 preconceived notions and its potential to elicit narrative inquiries that develop descriptions and 13 interpretations of this phenomenon (Cresswell 2014; Flyvbjerg 2006; Perecman and Curran 2006). 14 The case study has been assessed positively due to its ability to provide richness and depth to a 15 study. Complexity and multifaceted quality have been emphasised as its strength (Groat and Wang 16 2002). Among its weaknesses however, it has been underlined that there are 'fewer established 17 rules and procedures for designing and conducting case study research' (Groat and Wang 2002, 18 360). Methodologically, a case study 'calls into consideration the construction, bounding and 19 representation of the case', thereby providing place-specific data often well suited for comparative 20 analysis (Miles 2015, 310).

This current paper's two case studies, situated in designated heritage environments—the Darwin
Ecosystem Project (previous military barracks) in Bordeaux, France (*the Bordeaux case*) and Dr.
Dedichens Greenhouse (a former psychiatric hospital) in Oslo, Norway (*the Oslo case*)—were

selected based on access to and previous knowledge of their initiatives. These additional criteria
 were considered: the projects should be multifunctional, on heritage land, have a clear vision and
 be well-established (i.e., longer than five years).

4 Various tools and techniques are integrated into the case study. Concerning the Oslo case,

5 interview and site observation data were collected as part of a Norwegian research project on

6 urban agriculture from summer 2018 to fall 2019. The data comprised two semi-structured

7 interviews conducted with one board representative, interviews conducted with six participants

8 in the greenhouse and fieldnotes obtained from on-site observations from two events.

9 Specifically, for this article, document analysis was conducted to obtain more background

10 information on the project and the area in which it is located. The studied documents included

11 municipal plans (i.e., heritage reports from the cultural heritage management office), associated

12 statutes, official websites and literature on the history of the area.

Under the travel restrictions implemented during the COVID-19 pandemic, the Bordeaux site could not be visited in 2020–2021, although we visited the site in 2016. Instead, we analysed site documentaries, official websites, online newspapers and YouTube videos (interviews and documentaries from 2015–2021) available online. Also, discourse analysis, based on the study of documents, local history, municipal plans, online documentation and historical and contemporary photographs, completed the data collection.

Video data have recently gained increasing popularity as a qualitative method. As most videos are produced for a specific purpose and target a particular audience, the history of a video and its production context must be understood (Jewill 2012). The point of recording, which concerns selecting the setting, background and format, is an influential factor. Equally important is editing, which involves selection, inclusion and emission (Penn-Edward 2012). These factors affect the

1	final selection of video cutting and must be considered when video data are converted into source
2	material. All transcriptions in this current paper were conducted by the authors.
3	Analysis of the Cases
4	The basic starting point in the analysis of the two cases is how historical remains influenced the
5	character of the sites. We looked closely at:
6	- The sites and the original purposes of the buildings and structures there, their changed use
7	and gradual deterioration
8	- The effects of urban expansion, resulting in disintegration of the former historical context
9	- How they became the target of new regeneration initiatives
10	- How they share certain commonalities, such as a broader vision and belief in strengthening
11	the health and life qualities of residents through user participation
12	- How their future management and vitality are enveloped into a series of uncertainties
13	We approach these steps in the analysis by presenting the narratives of two areas needing
14	regeneration and the factors that have made it possible to carry out creative place-remaking. In
15	interpreting the processes they have undergone, we reintroduce theoretical concepts in our
16	discussion to elevate the concrete, case-specific data of the case studies to a more general level of
17	broader international relevance.
18	Case(s) Information: A Brief Introduction
19	< Table 1>
20	Table 1: Some basic historic information ²
21	<figure 1=""></figure>

<Figure 2>

2	Creative Place-Remaking: Heritage Assets and Environmental Concerns
3	In both case studies, heritage plays an important role. The sites' historical remains influence their
4	character. Although the reasons behind their origin differ considerably-one being a military
5	casern and the other a mental hospital with buildings filling different purposes-both have
6	designated heritage status.
7	<table 2=""></table>
8 9	Table 2: The regeneration projects - visions and activities ³
10	The Bordeaux Case: The Darwin Ecosystem Project
11	An Area with Heritage Values in Need of Regeneration
12	The site where the Darwin project is situated was originally the site of warehouses and military
13	barracks-called La Caserne Niel (military camp), after Adolphe Niel, minister of war under
14	Napoleon III (see Map 1, Figure 1). It is on the right riverbank of Garonne in the district of La
15	Bastide, built on reclaimed peatland and farmland in the plain of Queyries. Much of the district's
16	population worked on docks and in factories. The first warehouses were built around 1850 to
17	accommodate goods arriving by boat. However, after 1874, the area was developed into a military
18	camp. While different army services have thus far been spread across different districts of
19	Bordeaux, the state bought a vast piece of land to gather all military services in one place. The
20	facility was built to house the troops of the eighteenth Wagon Train Battalion, and La Caserne

Niel, including a series of surrounding buildings, was completed in 1877 (see Table 1 for more
 details on this military history).

For a long time, this landscape was dominated by wine and orchard production. The term Queyries (first used in the nineteenth century) refers to an alluvial plain that stretched between the hills of Lormont and Cenon and the Garonne River and offered ideal conditions for farming. It was subsequently drained and divided into plots for wine and orchard production. The wines harvested in the area gained wide recognition and were thus sold at a very high price until the nineteenth century. The presence of wealthy domains and mansions was concrete evidence of this. Alongside this wealth, however, were the poor cottages of tenants and peasants.

10 This area was later decisively shaped by the modernisation and industrialisation of Bordeaux. The 11 building of a bridge in 1822, followed by a railway in 1853, profoundly changed the living 12 conditions of the La Bastide district. The piers, construction sites and factories made it an advanced 13 centre of industrial activities.

The district maintained its industrial vocation for a long time until the Bordeaux industry was affected by the 1973 oil crisis. Most shipyard, factory, rail and port activities on the right bank disappeared, leaving behind polluted industrial wasteland and unemployment. The district was gradually neglected and became an industrial wasteland. Under the cessation of military activities in 2005, an interim period of deterioration and looting of the buildings set in at La Caserne Niel. The area became a hotspot for street art and graffiti.

20 The Regeneration Process: Initiatives, Main Actors and Visions

Following the closure of La Caserne Niel, the area became the subject of speculation within the
framework of large urban projects, such as 'ZAC Bastide Niel'. Facing the threat of demolition of

one warehouse, called 'les Magasins Généraux' (General Stores), the family group Evolution
 (founders: Philippe Barre and Jean-Marc Gancille) with the residents and neighbourhood
 associations mobilised for its salvation and introduced the Darwin project.

The name Darwin was chosen in reference to Charles Darwin's evolutionary theory, as the founders desired to adapt to ecological transitions and climate change. The vision was built on the idea that the acceleration of global warming urges us to reduce consumption of materials and energy resources in our cities, invent economic models and radically change our lifestyles. The Darwin Ecosystem Project was built on the principle of 'rehabilitate rather than destroy', offering an alternative approach that seeks to sustainably reinforce social development (video-based interview Atelier des Archives 2016).

11 This project, 'formed around the idea that another city is possible', originated as an ecological 12 alternative to traditional urban regeneration (video-based interview Atelier des Archives 2016). 13 When the Darwin project was launched in 2007, two large historic buildings still dominated the 14 site. Today, both cultural heritage facilities and outdoor sites are used as the core of its concept 15 and functioning, functioning on the basis that it costs less to rehabilitate what is existing than to 16 erase everything and rebuild. The rehabilitation of ruins plays an essential role. It is a solution that 17 'makes it possible to revive places where there is already a soul, a history, a patina' (video-based 18 interview Atelier des Archives 2016) (see Figure 3).

19

< Figure 3>

20 Darwin was built around ecosystem thinking, in which alternative methods are used to facilitate 21 well-functioning energy performance through, for instance, resource-saving facilities. According 22 to Jean-Marc Gancille, supervisor in Darwin of sustainable development, 'Ecological rehabilitation is not only possible, but it is necessary' (video-based interview Atelier des Archives
2016). Darwin has shown that 'it is possible to reach levels of energy performance we never
thought we could reach. We saved all the energy that [we should have] deployed to move materials,
create them and implement. This is the challenge of the twenty-first century. To make sure that the
existing real estate properties achieve much higher levels of energy performance and [that we] no
longer build new buildings that are not needed' (video-based interview Atelier des Archives 2016).

7 Various activities are undertaken at Darwin. Some conditions set for Darwin enterprises are that 8 they must work in compliance with specific environmental occupancy rules, energy consumption 9 and CO₂ emission monitoring and waste recycling. The use of renewable energy (e.g. electricity-10 saving measures), hydroelectric energy and solar energy are among the principles followed by 11 Darwin. Today, there are approximately 40 young companies with 350–400 employees who share 12 space and tools. Some enterprises specialise in recycling, waste-sorting centres and upcycling (e.g. 13 recovery of materials or products not being used and have been transformed into new products of 14 higher quality or utility).

15 Other enterprises specialise in ecological food production and customer services. An organic 16 restaurant uses local supplies and principles (e.g. a short supply chain and recycling) to reduce 17 food waste. An urban farm of a 2,000 square-metre area established at Darwin collaborates closely 18 with various restaurants, shops and facilities. Based on the principles of permaculture and low-19 threshold maintenance, it was built as an experiment to test new ways of producing food on a small 20 surface in the city. Fragmented wood and tree trimming waste from the town are used to amend 21 the soil and feed the crops. Other practical examples include using rainwater from the roof of the 22 skate park to water the vegetable garden, using reclaimed bread from restaurants to feed chickens 23 and aquaponics to cultivate edible algae.

1 The Oslo Case: The Greenhouse, Trosterud

2 An Area with Heritage Values in Need of Regeneration

3 The cultural environment, 'Dr. Dedichens Drivhus', is part of a larger area, Trosterud, which is 4 currently experiencing extensive regeneration, is in the district of Alna in Oslo, Norway. Trosterud 5 is in Oslo's eastern part, bordering Østmarka (protected forest/woods) to the south, industrial areas 6 to the north and developed suburbs to the east and west (see figure 2). This site was originally 7 farmland (Nordre and Søndre Trosterud Gård) until it was bought by psychiatrist Henrik Dedichen 8 in 1901. It housed a psychiatric hospital, which was established by Dedichen and run by him and 9 his son until his son's death in 1963. Three main buildings were ready for use when the mental 10 asylum opened: the main hospital building ('Centralbygningen'), the smaller hospital building 11 ('Annekset') and the residence of the chief physician. An adjacent farm (Nordre Trosterud) was 12 bought in 1909 to house more buildings for employees. Before 1900, the landscape around 13 Trosterud, in the municipality then named Aker, was dominated by farmsteads, cotters' farms, 14 fields and pastures. Dr. Dedichen's psychiatric hospital was transferred to the municipality of Oslo 15 in 1963, which ran until 1966 when it finally closed.

When established in 1901, the hospital's buildings and their close surroundings formed a unit, and extensive work on building a garden, park and alleys was initiated. A grand park was built in connection with the main hospital, which housed a variety of trees, gazebos, benches and gravel hallways. Another garden, which was connected to the chief physician's residence, was built. A fountain, pond, lookout point, flower beds, gravel passages, low hedges and larger trees (e.g. beech, oak and birch) contributed to making the garden impressive. A large flower garden was built in the eastern part and stretched to the second hospital building (Annekset) (Byantikvaren 2018, 19–20). The first greenhouse in Trosterud was built in 1935 (later extended and renewed).
In 1972, a second large greenhouse was built by the Trosterud Social Training Centre. These
greenhouses played an important role in the farming operations associated with the psychiatric
hospital and have later been filled with new purposes (see Figure 4).

5

<Figure 4>

6

7 During the 1960s and 1970s, simultaneously with the closing of the hospital, satellite city building 8 gained a foothold in this suburban region of Oslo. By 1980, the period of the large satellite city 9 building had ended; however, the densification process continues even today (Byantikvaren 2018). 10 In 2017, a regeneration programme ('Områdeløftet') aiming to instigate the neighbourhood's 11 sustainable development started. It will be run until 2023 and is meant to to ensure the inclusion 12 of the neighbourhood through substantial user involvement (Oslo Kommune 2021a). The current population of Trosterud is approximately 9,000 and Alna is 50,000. The immigrant population of 13 14 Trosterud is 62%, including those residing there for more than five years (35%), for less than or 15 equal to five years (7.2%) and Norwegian born to immigrant parents (20%). The sum of these 16 values (62.2%) is slightly higher than the average population of district Alna (55%). Here, 21% of 17 the population is considered to have a low income, and 30 percent of the population aged between 18 30 - 59 is unemployed (Oslo Kommune 2021b).

19 The Regeneration Process: Initiatives, Main Actors and Visions

Most of the land in Trosterud is owned by the municipality, and Trosterud has been indicated as one of several satellite towns since the 1970s suited for regeneration and densification. Today, the target site is encompassed by blocks of flats. Enhancing green areas plays a central role in the new visions that planners have drawn up for regeneration projects. The planning programme was undertaken from a 20-year perspective and states that the intention is 'to provide flexible frameworks for urban development, while ensuring that important public urban spaces, parks and functions are attended to for the needs of the present and future' (Oslo Kommune 2018, 5). Architects have been utilised as consultants.

6 In the regeneration plan in progress, the two old parks have been ascribed important roles. An 7 important step in the plan is to ensure that large green areas are maintained, while ensuring areas 8 for public functions, including sports amenities and new residential areas. This approach suggests 9 inserting a new structural element, the 'commons', in the north-south direction, which can bind Trosterud and the neighbouring satellite centre, Haugerud. In addition to the two parks (named 10 11 Trosterudparken and Dedichen Park), the plan includes establishing a new footbridge over a busy 12 road, building an adjacent school and sports facilities and new urban development around the 13 Haugerud town centre. Also, green tracs will be established to link the area to Østmarka (the 14 aforementioned popular recreational forest and mountainous area) and surrounding built-up areas 15 (Oslo Kommune 2018, 25).

Another central aspect of the regeneration plan is a focus on greenhouses and urban gardening. From a heritage viewpoint, greenhouses are valued for several reasons. Gardening was highly prevalent in several Aker farms during the Interwar period and between the 1950s and 1960s, and Trosterud farm is one of the few Aker farms that still possesses greenhouses. According to Dr. Dedichen's vision, farming provides healthy and healing surroundings; therefore, patients of the mental asylum participated in farming, gardening and other manual work. As a greenhouse is a special type of building, modernisation might be required, and the city's antiquarian has shown

concern that the greenhouse function should be continued and can therefore facilitate the replacing
 of sections of buildings (Byantikvaren 2018, 48–49).

3 The greenhouses have been listed as heritage. In the regeneration plan, a suggestion was made regarding relocating an existing allotment garden outside the park by reestablishing it close to 4 5 the greenhouses in Trosterudparken. The main argument was that the area was formerly 6 agrarian and establishing an allotment garden here is considered in accordance with this place's 7 identity (Oslo Kommune 2018, 58–60). The relocation has raised discussions among users and 8 is being further assessed. "Today the allotment garden is a closed, fenced off area, and the idea 9 is to open it up and spread it around. Not everyone in the allotment garden are fans of that. A 10 lot of them are interested in fencing it in." (Board member 2018). Enlarging and relocating the 11 allotment garden is considered feasible, as it is expected to strengthen an already well-12 functioning initiative in the area and invite and motivate more people to participate in 13 cultivation (Oslo Kommune 2018, 60). The current activity in greenhouses began in 2015. 14 <Table 3> 15 *Table 3: Reuse of the past and prospects for the future*⁴ 16 17 18 Health and Life Quality Through Participating in Landscaping

19 Active Participation and Social Responsibility

Darwin exemplifies that in our cities, many abandoned lots can become new places to live and
work that are both modern and noteworthy. Rehabilitating existing buildings preserves their
inherent qualities, and implementing new technologies maintains their sustainability.

According to Philippe Barre, 'all the generations that meet here, including those who come back
 because they did their military service at the Niel barracks, have a little of nostalgia and are happy
 to see that we give back a life. And it feels good' (video-based interview, Atelier des Archives,
 2016).

5 Darwin is also a site of dwellings for refugees, built at the instigation of the French Emmaüs group. 6 Emmaus is based on solidarity principles and was founded in Paris in 1949 by a Catholic priest to 7 combat poverty and homelessness. The dwellings built for refugees are called 'Tetrodon' (named 8 after a freshwater fish), and resemble containers painted in bright colours. Approximately 20 9 modules, which are easily transportable and stackable, are set up to accommodate vulnerable 10 people. Many of these refugees are involved in urban farming. The Tetrodon concept was invented 11 in the 1960s by the Urban Planning and Architecture Workshop (gathered around the architect 12 Jacques Allégret).

Since 2017, these facilities and the warehouse of Emmaüs, with the urban farm and skate park, have been slated for removal to make way for the urban project, ZAC Bastide Niel (Bordeaux Métropole Aménagement, BMA). The activities there are on properties that originally belong to Bordeaux's City Planning Department. Darwin had a temporary occupation permit, but the lots shall now be used as parking space and to facilitate sanitation networks essential for the viability of the new district (Barthélémy 2018; Muffon 2018). Tensions have emerged between Darwin and BMA, and the principles of Darwin seem challenged.

The ongoing urban development project for the right riverbank of the Garonne, which will accommodate approximately 3,500 new housing units, schools and a private hospital, sees Darwin as an integral part of a much larger urban complex. Based on sustainable development objectives,

the new project is described as an innovative eco-neighbourhood. Today, its development has, in part, slowed because of tensions with the Darwin ecosystem and the legal appeals filed. The Darwin urban farm is planned to be replaced by a new 2,000 square-metre urban farm, managed by a Parisian company (Vidotto 2019). Darwin's partners feel that BMA does not consider the realities of their ecosystem, whether it is about associative hangars or even warehouses validated by two building permits, and that Darwin's property is even questioned (Salem 2019). Discussions about Darwin's future remain complicated.

8 Dr. Dedichen's Greenhouse ('Dr. Dedichens Drivhus') is the location of an association called Dr. 9 Dedichen's Green Square ('Dr. Dedichens grønne torg'), which is dedicated to reactivating and 10 revitalising the old asylum area in Trosterud (Dr. Dedichens Drivhus 2021). The association was 11 established in 2015 by local enthusiasts in collaboration with the Oslo organic gardening 12 organisation, OIKOS Oslo to carry on Dr. Dedichen's spirit by creating social meeting places (Dr. 13 Dedichens Grønne Torg 2015a). The central aspects of their statutes are to contribute to integration 14 across gender, culture, age, religion and politics; the aim is to follow an organic and sustainable 15 approach, with an explicit aim of utilising the empty buildings in the former psychiatric hospital 16 area. The greenhouse is one of them, and currently, it is the only building structure to which access 17 has been given. The management of the greenhouse is handled by the association.

"We have been given permission to rent the facilities from Omsorgsbygg, which is Oslo municipality, and District Alna pays the rent. […] This is a deal which is renewed each year because it is not to be taken for granted that District Alna pays that rent" (Board member 2018). It is a 600 square-metre area with tables for growing plants in pots distributed (for a small fee) among the paying members and common tables and tables for schools and day-care centres for children. As of 2019, they have approximately 60 actively gardening members with

1 demographics like that of the area of Trosterud (i.e., a diverse group, with the majority being 2 immigrants). The organisation of the tables is like that of the allotment gardens, where each 3 member has his or her own lot (i.e., part of a table) for which he or she is solely responsible. 4 They decide what to grow and take care of their crops themselves; this results in considerable 5 plant and vegetable diversity. Many immigrants see this as an opportunity for growing 6 vegetables they cannot buy in common groceries in Norway. Besides the allotment-style tables, 7 some tables are dedicated to local schools and kindergartens. Here, the children are actively 8 involved in gardening and are helped by teachers and, most importantly, guided by volunteers 9 from the association. Finally, some tables are for common gardening, where community 10 members cultivate vegetable plants for sale on their annual market day. The market day is one of 11 several events that the group organises. They also organise Thanksgiving and other community 12 dinners to open the area to other residents.

13 Because of the history of the greenhouse being used in job training organised by the 14 municipality, the ownership of the building is with the Oslo municipality's care building 15 department ('Omsorgsbygg'). The Alna district has an agreement with this department, which 16 allows them to use the building for an annual fee. This is how the municipality supports the 17 urban gardening activities. However, this arrangement has challenges. First, the department 18 neither prioritises the building's maintenance nor serves the people using the building. Another 19 challenge is the dependence on volunteers and enthusiasts for management of the place and 20 organisation of events and collaboration with schools. The OIKOS Oslo group has been working 21 to obtain funding to hire a part-time project worker.

Simultaneous with developing the greenhouse and the association, Trosterud's transformationprocess is occurring. Here, there are plans for establishing a park that will include the Trosterud

1 allotment garden, which will be forced to move from its current location due to the new usage of 2 that area. Many allotment gardeners have opposed this move, as it might entail smaller lots for the 3 members and expose the gardening lots to the public more. The latter is considered a challenge 4 because of the heightened risk of vegetables being stolen and the members' safety. Like the 5 greenhouse, the fenced-in allotment garden is also considered by many members to be a safe 6 outdoor space, and there are concerns over losing it in an open-park solution. Today, the 7 greenhouse and the allotment garden are not over 250 metres apart, and some members are active 8 in both (see Figure 5).

9

< Figure 5>

10 Greenhouses are important links between the visionscapes of Dr. Dedichen and present-day 11 municipal planners. When Dr. Dedichen established his asylum, it was based on an alternative 12 approach to psychiatry. He maintained that the mentally ill should be regarded and treated as 13 ordinary patients unless special conditions necessitate otherwise. Therefore, he converted his 14 private clinic into an open hospital without the coercive character of the other mental hospitals 15 during that time. The patients participated in agricultural work on the farm and the maintenance of 16 large gardens. Thus, the place-remaking project, 'Dr. Dedichen's Green Square', links historic 17 visions of mental and physical well-being to the contemporary visions of a sustainable urban 18 future.

19 **Discussion**

20 Regeneration can be viewed as a planning strategy—a continuous process—that must include 21 much more than just unique, outstanding old buildings and parks. Blocks of flats and structures 22 from the 1970s and later, in different stages of deterioration or 'ruination' (DeSilvey and Edensor 2013), can also be assessed as qualities when considered a potential resource in creative placemaking. Creative place-making uses a place, as it stands as a basis for considering relevant
initiatives, actor involvement, cooperation, etc., as we will illustrate later.

4 Trosterud illustrates a large-scale transformation that Oslo underwent during large periods of the 5 twentieth century. From being an area primarily dominated by farming, it gradually changed 6 character. When the sites closest to the city were sold to be developed for other purposes (e.g. 7 institutions and middle-class residences), the first moderate changes occurred in the early years of 8 the century. Then, when large development plans, which involved establishing new satellite towns, 9 were introduced, a new urban context appeared. Today, this mosaic texture is prominent.

We use 'visionscapes' to describe a changing neighbourhood. Sometimes, the visions can refer to
a past situation and a new situation in the making, as the case of Trosterud Greenhouse illustrates

12 «Sometimes things arrive, negative thoughts and such, it's good to air out here. We spend time 13 with the plants, and it all goes away (..) Not always, it doesn't always go away, but you forget, 14 and children from the schools arrive, and we make food and read for the school children. You 15 sleep better, I think. I don't know, for me it's like that, I sleep better the days I'm here" 16 (Participant Dr. Dedichen's greenhouse). Here, ensuring a fair distribution of social welfare 17 goods and empowering marginalised groups are key elements. As a concept, it can also, 18 through large and small actions and enterprises, encapsulate a larger vision for a sustainable 19 climate-friendly future, as the Darwin Ecosystem Project typifies (e.g. by instigating innovative 20 solutions and organising an ecological food market, restaurants and second-hand shops).

1 Participatory landscaping

Urban community gardening is one of several activities in which people are encouraged to 2 3 participate. In Oslo, gardening and greenhouse activities have a historic basis. Dr. Dedichen 4 considered gardening a means to achieve successful results in the treatment of mental illness. The 5 former allotment garden and greenhouse activities were revitalised by local initiatives. As 6 articulated previously, the municipality has incorporated these gardening activities into its recent initiatives to invigourate the neighbourhood of Trosterud as part of the larger Oslo region of Alna. 7 8 In Bordeaux, community gardening is performed in accordance with the eco-friendly solutions 9 advocated by Darwin's founders. What is produced in allotment gardens is freshly delivered to the 10 on-site market (Atelier des Archives 2016). Gardening is coordinated by the humanitarian 11 organisation, Emmaüs, and fills a health and welfare aspect. To a large extent, it is performed by 12 marginalised people, and a relatively high proportion of people participating in these activities 13 have minority backgrounds.

14 Urban community gardening can function as a mediator to enhance contact among neighbours by 15 mediating cross-cultural knowledge and insight. Social and cultural integration are considered 16 important. Health issues can also result directly from one having a low income, a situation in which 17 concern for dietetical questions has gained importance.

¹⁸ 'Participatory landscaping' is a term that appropriately describes these activities because they ¹⁹ underline the active process of continuously adding qualities to a landscape. This can refer to ²⁰ gardening's cyclic processes, from planting the seeds, watering and weeding to harvesting the ²¹ products, and processes that contribute to ensuring that the landscape is looked after and stimulate ²² people to spend time there. To better understand the roles that heritage and urban agriculture play in mixed neighbourhoods, we introduced the term 'place-remaking'. Place-remaking has been used to describe the revitalisation processes occurring simultaneously in marginalised neighbourhoods in several cities. Residents, community groups and organisations partake in activities to provide accessible green and recreational spaces, urban gardens and farmers markets (Anguelovski 2013). Fragments of historic remains can be viewed as assets during a revitalisation process and assigned new functions. They appear in new urban contexts, as Darwin and Trosterud illustrate.

8 Both cases involve processes and actors that make it relevant to describe them as creative 9 processes. The label 'creative' is in this respect referring to the ways buildings and 10 infrastructures from various periods are assembled and incorporated in active processes of 11 landscaping. We use it as a descriptive term based on our interpretation of data gathered via 12 various tool and techniques. In Darwin, this is reflected in the dynamic atmosphere that 13 characterises the site where local initiatives are encouraged. In Trosterud, designers and artists 14 designed the landscape and introduced creativity more formally. Urban community gardening 15 has been an arena where coordination is based on citizens' creative initiatives. To describe them 16 as examples of 'creative place-making', however, would be incorrect. Creative place-making is 17 too closely linked to a US-based funding practice that, since 2010 and via a large funding 18 programme, has fronted arts and culture to stimulate place-based community development 19 (Zitcer 2020, Markusen and Gadwa 2010). It has mainly dealt with various ways that artists, 20 political activists and idealists are getting involved in reactivating places but where other actors 21 (i.e., the public, private, non-profit and community sectors) are also involved. Although 22 described by critics as 'a made-up category' (Zitcer 2020, 6) and an unclear, fuzzy concept 23 (Frenette 2017), the efforts put into creative place-making have resulted in considerable changes.

A rather automatic link established between urban culture and the creative class, based on the
studies of Florida (2004) and Landry (2000), has been broken. The understanding of who is
creative, what can be considered as a creative product or practice and where creativity occurs has
been broadened (Edensor and Millington 2018). When reviewing the history of creative placemaking initiatives, Grodach (2017) accentuated the act of the making, which involves the active
nature they hold.

7 Active place-remaking

8 We label the processes we observed as active place-remaking, accentuating new contexts that arise. 9 In both of the examined cases, heritage assets have been integrated into their new landscape contexts but in different ways. In Darwin, two impressive brick buildings (i.e., former military 10 11 storage facilities help define the borders of a large, open urban square that characterises Darwin. 12 According to Philippe Barre, 'It costs less to rehabilitate the existing than to erase everything, 13 clean up everything and rebuild. And then, it makes it possible to revive places where there is 14 already a soul, a history, a patina. And that too has great value' (video-based interview, Atelier des 15 Archives 2016). Several previous barracks with varying degrees of deterioration function as arenas 16 for street art. Colourful graffiti amplifies ruinisation and adds a special atmosphere to this part of 17 Darwin (see Figure 6).

18 < Figure 6>

Although ruinisation is not suited to describing the status of heritage in Trosterud, the incoherence in the heritage environment is obvious, partly caused by the large period the various heritage assets cover (the late nineteenth to late twenty-first century) and the urban transport patterns that split the former landscape units. These fragments can instigate inspiration for creative place-remaking.

1 In the concluding section, we discuss the immediate prospects for the two regeneration projects. 2 To a large extent, the sites have been left 'as found' without the occurrence of extensive new 3 development. The temptation to redesign a new neighbourhood has been avoided. Thus, only a 4 limited degree of architectural design/artistic intervention is present. No attempts have been made 5 to create a new artificial unity. The mix of buildings with different functions, ages and heritage 6 statuses adds a particular atmosphere/character. As Darwin was established in 2007, its identity 7 was established a good while ago. The Oslo case is in its infancy, and many questions related to 8 its further development are relevant. Many architects and landscape architects have been consulted 9 and have proposed ideas. It has been suggested that a wide promenade with several garden beds 10 be established in the new public space, 'Allmenningen', and that the allotment garden should be 11 moved to the promenade as part of the new design (Oslo kommune 2018). In the neighbourhood, 12 there are also plans for building new blocks of flats. According to heritage management, the main 13 hospital buildings are designated heritage sites. Conservation has begun, and various forms of 14 adaptive reuse are being discussed.

15 Although the immediate future for both the Bordeaux and Oslo cases is ensured, there are 16 uncertainties concerning the longer-time perspective. Developers have shown a distinct interest in 17 Darwin and its immediate surrounding areas. Gentrification has made its mark on the 18 neighbourhood. The Norwegian project is politically based and has been promoted in cooperation 19 between the social-democratic and the environmental political party (Arbeiderpartiet and 20 Miljøpartiet De Grønne). Its motivation is ideological, and it aims to improve the social welfare 21 conditions of a marginalised neighbourhood with numerous migrants. The plan was approved by 22 the municipal government. However, municipal plans can change every four years depending on changes in the political majority. Since a political consensus concerning the plan is vital, the
 financial basis is, in other words, very fragile.

3 Despite some major differences, there are several lessons to be learned by comparing the two 4 cases. We will underline five points. 1) If already existing – even mundane –, structures can be 5 filled with activities that engage people who live in the neighbourhood, they can function as a 6 means of creating place-attachment. 2) Existing built structure, including designated heritage, are 7 more likely to be included in future urban plans if the heritage managers get involved in the early 8 stages of the municipal planning. 3) Engagement in local activities, such as gardening or small-9 scale industry and businesses, are likely to function as means of personal contact between 10 participants – and hereby strengthening social and physical well-being in culturally mixed 11 neighborhoods. 4) Creating pockets of urban gardening in areas otherwise dominated by 12 densification will provide easily accessible green public spaces, hereby creating healthy 13 environments. 5) Former marginalized areas undergoing regeneration are more likely to gain 14 attraction from outside visitors if residents, artists, and various citizen's groups are cooperating to form the area's new identity. 15

16

17 Conclusion

We start by recapitulating the question we set out to answer: How can heritage combined with urban agriculture be used as a means to link visions of social and physical well-being and sustainable urban regeneration in mixed land-use neighbourhoods?

The landscapes in which the examined sites are situated have undergone major changes. For centuries, they have been predominantly involved in agriculture and fruit-growing. As urban

populations grew, these landscapes gradually became integrated into the outer-suburban fringes.
The composition of most cities is a mosaic of remains from layers of time. If neighbourhoods for
various reasons are moved out of, it is more likely that they will be exposed to neglect and
vandalism. Then the need for regeneration sets in. However, urban development, including
densification, can prove challenging for heritage and historical remains. This can lead to old
buildings being encompassed by modern high-rise architecture or their heritage value being
questioned or invalidated.

8 These processes have stamped the Bordeaux case and the Oslo case. In both projects, heritage fills 9 other (or at least additional) purposes than just being designated heritage. Heritage managers place 10 strong emphasis on the ability heritage has to mediate historic narratives and instigate economic 11 activities. Although such values obviously are present in the analysed cases, the additional reasons 12 (visions) have functioned as guidelines in initiating these projects. The heritage context provides 13 a historic, experiential frame and adds qualities that gradually turn such areas into attractive 14 districts because of the success achieved in combining central elements, such as unity and 15 diversity.

All cases that involve regeneration, transformation or development are specific and unique. However, they still hold a certain potential for comparison and generalisation. Independent of whether a regeneration project is motivated by political, economic or social reasons, the way heritage has been integrated into large urban transformation initiatives should raise concerns and debates. Urban planners need a large repertoire of examples to gather inspiration and motivation, whether these are short-term pilot studies, experiments or long-term neighbourhood remodelling projects.

1 It is important that critical debates are raised within heritage studies about the way everyday 2 environments are designed and managed. Strengthening the safeguarding of unique heritage assets 3 can work hand in hand with paying more attention to mundane environments-both need more 4 consideration. Since cities are characterised by continuous change, critical heritage debates must 5 include ways that fragmented, partly marginalised or dilapidated areas can be included in active 6 place-remaking initiatives. Through debates in heritage studies, researchers, landscape- and 7 heritage managers and planners can assert the needs that heritage fills and thereby ensure that it is 8 given an unquestionable role in urban planning.

9

10 Notes

¹¹ ¹ When referring to conservation, we use it to describe measures to save and protect historical ¹² objects or works of arts, including buildings. The term restore refers to actions to bring back, ¹³ replace, or reconstruct, while safeguarding refers to measures that intend to prevent something ¹⁴ from being harmed (Collins Dictionary).

15

¹⁶ ² In table 1, the left column concerning Oslo, Trosterud (Dr. Dedichen) is compiled from

17 information in Hult 1999. The right column concerning Bordeaux, Bastide (Darwin) is compiled

18 from information in Communauté Urbaine de Bordeaux 2014; Moro and Lacombe 2005, 2002;

19 Donis 1920.

20

³ In table 2, the left column concerning Dr. Dedichen's Greenhouse, Oslo, Trosterud is compiled
 from data from three sources: interviews with a board member of the association, the

- 23 associations website and Hult (1999). The right column concerning Darwin, Bordeaux, Bastide is

1	compiled from data from the following sources: DARWIN [project homepage], Vidotto 2019
2	[journal]; Muffon, 2018 [Video], Atelier des Archives 2016 [Video].
3	
4	⁴ In table 3, the left column concerning Dr. Dedichen's Greenhouse, Oslo, Trosterud, is based on
5	an analysis of interviews with a board member of the association, participants in the greenhouse
6	and Byantikvaren i Oslo 2018. The right column concerning Darwin, Bordeaux, Bastide is
7	compiled from data from the following sources: Salem 2019 [Journal], Barthélémy 2018
8	[Journal], Muffon 2018 [Video].
9	Acknowledgement
10	The article is part of an interdisciplinary research project, titled Sustainable Adaptation –
11	Resilience in Urban Regeneration, ADAPT (2019-2022), funded by The Research Council of
12	Norway. Original pen, ink, and watercolour illustrations by Véronique K. Simon Nielsen, at Vro-
13	icon Designs (design and production commissioned for this article).
14 15	References
16 17	Agustina, Imas and Ruth Beilin. 2012. "Community Gardens: Space for Interactions and Adaptations." <i>Procedia – Social and Behavioral Sciences</i> , <i>36</i> , 439–448.
18 19	Anguelovski, Isabella. 2013. "From Environmental Trauma to Safe Haven: Place Attachment and Place Remaking in Three Marginalized Neighborhoods of Barcelona, Boston, and Havana."

- 20 *City & Community*, *12*(3), 211–237.
- 21 Atelier des Archives. 2016, October 24. *Le projet Darwin Bordeaux* [Video: The Darwin
- 22 project]. YouTube. https://www.youtube.com/watch?v=q7PusaPg-N4 Accessed November 18,
- 23 2021
- 24 Barthélémy, S. 2018, September 10. L'aménageur de Bastide Niel demande l'expulsion de
- 25 Darwin au tribunal [journal: Bastide Niel's developer calls for Darwin's eviction in court]

- 1 Rue89Bordeaux. https://rue89bordeaux.com/2018/09/lamenageur-de-bastide-niel-demande-
- 2 lexpulsion-de-darwin-tribunal/ Accessed November 18, 2021
- 3 Byantikvaren i Oslo 2018. Kulturminnegrunnlag for Trosterud og Haugerud [Cultural heritage
- 4 guide for Trosterud and Haugerud]. Oslo kommune.
- *Collins English Dictionary*, https://www.collinsdictionary.com/dictionary/english. Accessed
 November 18, 2021.
- 7 Communauté Urbaine de Bordeaux 2014. *La Bastide Mutations Historiques*, Catalogue
- 8 d'exposition [La Bastide Historical Mutations, Exhibition catalog].
- 9 https://www.bastideniel.fr/wp-content/uploads/2017/05/LivretExpo-V3BD.pdf. Accessed
- 10 November 18, 2021.
- 11
- 12 Cresswell, John W. 2014. Research Design: Qualitative, Quantitative, and Mixed Method
- 13 *Approaches.* Thousand Oaks, London, New Dehli: Sage Publications.
- 14 DARWIN [project homepage] https://darwin.camp/. Accessed November 18, 2021.
- 15 DeSilvey, C. 2006. "Observed Decay: Telling Stories with Mutable Things." Journal of Material
- 16 *Culture*, 11(3), 318–338.
- DeSilvey, Caitlin and Tim Edensor. 2013. "Reckoning with Ruins." *Progress in Human Geography*, *37*(4), 465–485.
- 19 Donis A. 1920. La Bastide à travers les siècles: son origine, ses transformations, son
- 20 développement, sa situation actuelle, son avenir [La Bastide throughout the centuries: its origin,
- 21 its transformations, its development, its current situation, its future]. Imprimerie J. Bière.
- 22 Dr. Dedichens Drivhus 2021. Dr. Dedichens Drivhus [Dr. Dedichen's Greenhouse].
- 23 https://www.facebook.com/dr.dedichensdrivhus. Accessed November 18, 2021.
- 24 Dr. Dedichens Grønne Torg 2015a. *Vedtektene* [Regulations].
- 25 https://sites.google.com/site/dedichensgronnetorg/vedtektene. Accessed November 18, 2021.
- 26 Dr. Dedichens Grønne Torg. 2015b. *Om foreningen* [About the Association].
- 27 https://sites.google.com/site/dedichensgronnetorg/om-foreningen. Accessed November 18, 2021.
- 28 Edensor, Tim and Steve D. 2019. "Spaces of Vernacular Creativity Reconsidered." In Cara
- 29 Courage and Anita McKeown eds. Creative Placemaking: Research, Theory and Practice (28-
- 30 40). London: Routledge.
- 31 Florida, Richard. 2004. *Cities and the Creative Class*. New York: Routledge.
- Flyvbjerg, Bent. 2006. "Five misunderstandings of case-study research". *Qualitative Inquiry*, *12*,
 19–24.

- 1 Frenette, Alexandre. 2017. "The Rise of Creative Placemaking: Cross-Sector Collaboration as
- 2 Cultural Policy in the United States." *The Journal of Arts Management, Law, and Society, 47*(5),
- 3 333–345.
- 4 Gasperi, Daniela, Guiseppina Pennisi, Niccolo Rizzali, Francesca Magrefi, Giovanni Bazzocchi,
- 5 Umberto Mezzacapo, Monique Centrone Stefani, Esther Sanyé-Mengual, Francesci Orsini and
- 6 Giorgio Gianquinto. 2016. "Towards Regenerated and Productive Vacant Areas through Urban
- 7 Horticulture: Lessons from Bologna, Italy." *Sustainability 2016*, *8*(12), 1347.
- 8 https://doi.org/10.3390/su8121347. Accessed November 18, 2021.
- 9 Groat, Linda and David Wang. 2002. Architectural research methods (1 ed.). New York: John
- 10 Wiley & Sons, Inc.
- 11 Grodach, Carl. 2017. "Urban cultural policy and creative city making." *Cities*, 68, 82–91.
- 12 Hult, Arne. 1999. Dr. Dedichens privatasyl i Østre Aker [Dr. Dedichen's private asylum in Østre
- 13 Aker]. Trosterud A/S.
- 14 Jewitt, Carey. 2012. An introduction to using video for research (NCRM Working Paper 03/12).
- 15 National Centre for Research Methods (Unpublished). URI:
- 16 https://eprints.ncrm.ac.uk/id/eprint/2259/. Accessed November 18, 2021.
- 17 Klepacki, Piotr and Monika Kujawska. 2018. "Urban Allotment Gardens in Poland: Implications
- 18 for Botanical and Landscape Diversity." *Journal of Ethnobiology*, *38*(1), 123–137.
- 19 Labadi, Sophia and William Logan, eds. 2015. Urban Heritage, Development and
- 20 Sustainability. International Frameworks, National and Local Governance. London:
- 21 Routledge.
- 22 Landry, Charles 2008 (2nd edition). The Creative City: A Toolkit for Urban Innovators. London,
- 23 Sterling, VA: Comedia, Earthscan.
- 24 Locke, Ryan, Michael Mehaffy, Tigran Haas and Krister Olsson. 2018. "Urban Heritage as a
- 25 Generator of Landscapes: Building New Geographies from Post-Urban Decline in Detroit".
- 26 Urban Science, 2(92), 2–16. doi:10.3390/urbansci2030092
- 27 Markusen, Ann and Greg Schrock. 2006. "The Artistic Dividend: Urban Artistic Specialisation
- and Economic Development Implications." *Urban Studies*, 43(10), 1661–1686.
- 29 Markusen, Ann and Anne Gadwa. 2010. *Creative Placemaking* (White Paper). National
- 30 Endowment for the Arts. Wahington DC: Mayors' Institute on City Design.
- 31 https://www.idsa.org/sites/default/files/CreativePlacemaking-Paper.pdf Accessed November 18,
- 32 2021.

- 1 Martin, George, Roland Clift, and Ian Christie. 2016. "Urban Cultivation and Its Contributions to
- 2 Sustainability: Nibbles of Food but Oodles of Social Capital." *Sustainability*. 8(5), 18.
- 3 doi:10.3390/su8050409
- 4 Miles, Rebecca. 2015. "Complexity, representation and practice: Case study as method and 5 methodology." *Issues in Educational Research*, 25(3), 309–318.
- Morgan, Kevin. 2014. "Nourishing the city: The rise of the urban food question in the Global
 North." *Urban Studies*, 52(8), 1379–1394.
- 8 Moro, Francis and Brigitte Lacombe. 2002. La Bastide, Bordeaux Tome I. Alain Sutton, ed.
- 9 Séries La Bastide, Bordeaux, Collection Mémoire en images.
- 10 Moro, Francis and Brigitte Lacombe. 2005. La Bastide, Bordeaux Tome II. Alain Sutton, ed.
- 11 Séries La Bastide, Bordeaux, Collection Mémoire en images.
- 12 Moskowitz, P. E. 2018. *How to Kill a City: Gentrification, Inequality, and the Fight for the*
- 13 *Neighborhood*. New York: Bold Type Books.
- 14 Muffon, Alex [Les infos d'Alex]. 2018, December 5. *L'exemple Darwin Ecosystème à Bordeaux*
- 15 [Video: The example of Darwin Ecosystem in Bordeaux]. YouTube.
- 16 https://www.youtube.com/watch?v=eUUhlprJVjk . Accessed November 18, 2021.
- 17 Nicodemus, Anne Gadwa. 2013. "Fuzzy vibrance: Creative placemaking as ascendant U.S.
- 18 cultural policy." *Cultural Trends*, 22(3–4), 213–222.
- Orthel, Bryan D. 2021. "Linking public health and heritage work." *International Journal of Heritage Studies*, 1-15.
- 21 Oslo kommune, Eiendoms- og byfornyelsesetatene (EBY). 2018. *Planprogram med veiledende*
- 22 *plan for offentlig rom for Trosterud og Haugerud.* Forslag til politisk behandling 29.09.2018
- 23 [Program with guidance plan for the public space of Trosterud and Haugerud. Proposal for
- 24 political process 29.09.2018]. Oslo, Eiendoms- og byfornyelsesetatene, Oslo Kommune.
- 25 Oslo Kommune. 2021a. *Områdeløftet Trosterud og Haugerud* [Local environmental
- 26 development plan for Trosterud and Haugerud].
- 27 Oslo Kommune. 2021b) Levekårsindikatorer [Living conditions indicators].
- 28 https://bydelsfakta.oslo.kommune.no/bydel/alna/levekaar/. Accessed November 18, 2021.
- 29 Penn-Edwards, Sorrel. 2012. "Human factors affecting the use of video recording methodology
- 30 in qualitative research." International Journal of Multiple Research Approaches, 6(2), 150–159.

- 1 Perecman, Ellen and Sara R. Curran, eds. 2006. A Handbook for Social Science Field Research.
- 2 Essays and Bibliographic Sources on Research Design and Methods. Thousand Oaks, London,
- 3 New Dehli: Sage Publications.
- 4 Perez, Julia Rey and Ana Pereira Roders. 2020. "Historic urban landscape: A systematic review,
- 5 eight years after the adoption of the HUL approach." *Journal of Cultural Heritage Management*
- 6 and Sustainable Development (ahead-of-print). doi: 10.1108/JCHMSD-05-2018-0036. Accessed
- 7 November 18, 2021.
- 8 Prové, Charlotte, Joost Dessein and Michiel de Krom. 2016. "Taking context into account in
- 9 urban agriculture governance: Case studies of Warsaw (Poland) and Ghent (Belgium)." *Land*
- 10 Use Policy, Volume 56, November 2016, 16–26.
- 11 Riordan, Alex and John Schofield. 2015. "Beyond biomedicine: traditional medicine as cultural
- 12 heritage." International Journal of Heritage Studies 21 (3), 280-99.
- 13 Ripp, Matthias and Dennis Rodwell. 2015. "The geography of urban heritage." *The Historic*
- 14 *Environment. Policy & Practice 6(3),* 240–276.
- Roders, Ana Pereira, and Francesco Bandarin, eds. 2019. *Reshaping Urban Conservation. The Historic Urban Landscape Approach in Action.* Singapore: Springer Nature.
- 17 Saldivar-Tanaka, Laura and Marianne E. Krasny. 2004. «Culturing community development,
- 18 neighborhood open space, and civic agriculture: The case of Latino community gardens in New
- 19 York City." Agriculture and Human Values, 21, 399–412.
- 20 Salem, W. 2019, March 15. Darwin lâche la médiation dans le conflit qui l'oppose à BMA
- 21 [Journal: Darwin lets go of mediation in the conflict between them and BMA].
- $22 \qquad https://rue89 bordeaux.com/2019/03/darwin-lache-mediation-conflit-loppose-a-bma/. \ Accessed$
- 23 November 18, 2021.
- 24 Silva, Kapila, ed. 2020. The Routledge Handbook on Historic Urban Landscapes in the Asia-
- 25 *Pacific*. edited by John Smith, 341–346. London: Routledge.
- 26 Svensson, Eva. 2009. "Consuming nature–producing heritage: Aspects on conservation,
- 27 economical growth and community participation in a forested, sparsely populated area in
- 28 Sweden." International Journal of Heritage Studies 15 (6), 540-59.
- Stake, Robert E. 1995. *The Art of Case Study Research*. Thousand Oaks, London, New Dehli:
 Sage.
- 31 Swensen, Grete. 2020. "Tensions between Urban Heritage Policy and Compact City Planning -
- 32 A Practice Review." Planning Practice & Research, 35 (5), 555-574.

- 1 Thompson, Susan, Linda and Bruce Judd, B. 2007. "The Role of Community Gardens in
- 2 Sustaining Healthy Communities" The Role of Community Gardens in Sustaining Healthy
- 3 Communities (unsw.edu.au). Accessed November 18, 2021.
- 4 Vejre, Henrik, Sebastian Eiter, Véronica Hernández-Jiménez, Frank Lohrberg, Isabel Loupa-
- 5 Ramos, Xavier Recasens, Dona Pickard, Lionella Scazzosi and Marian Simon-Rojo. 2015.
- 6 "Chapter 1.1 Can agriculture be urban?" Lohrberg, Frank, Lička, Lilli and Axel Timpe, eds.
- 7 *Urban Agriculture Europe*, 18–21. Berlin: Jovis Publishers. Urban-Agriculture-Europe.pdf
- 8 (ideabooks.it) Accessed November 18, 2021
- 9 Vidotto, G. 2019, March 22. *Bastide-Niel: le quartier qui fait exploser la cote de la rive droite*
- 10 [journal: Bastide-Niel: the district that boosted the popularity ratings of the right bank]. IMMO9.
- 11 Bastide-Niel : la transformation ! (bordeauximmo9.com). Accessed November 18, 2021
- 12 Wilbur, Sarah. 2015. "It's about Time. Creative placemaking and performance analytics."
- 13 Performance Research, 20(4), 96–103.
- 14 Winkler, Bastian, Anika Maier and Iris Lewandowski. 2019. "Urban Gardening in Germany:
- 15 Cultivating a Sustainable Lifestyle for the Societal Transition to a Bioeconomy." *Sustainability*
- 16 11(3), 801. https://doi.org/10.3390/su11030801
- 17 Yazan, Bedrettin. 2015. "Three Approaches to Case Study in Education: Yin, Merriam, and
- 18 Stake." The Qualitative Report, 20(2), 134–152. https://nsuworks.nova.edu/tqr/vol20/iss2/12/.
- 19 Accessed November 18, 2021.
- 20 Zitcer, Andrew. 2020. "Making Up Creative Placemaking." Journal of Planning Education and
- 21 *Research*, 40(5), 278–288.